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Emotion, behaviour and applied psychology in diabetes education

ADEA Thought Leadership Lecture series



Speaker

Dr. William H. Polonsky, PhD, CDE

Associate Clinical Professor, University of California, San Diego
President and Founder of the Behavioral Diabetes Institute (USA)

The world's first organisation dedicated to
tackling the unmet psychological needs of people with diabetes

Save the date

8am - 12pm
**Friday 6
November**



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

The psychological side of diabetes:
What healthcare professionals need
to know

8am - 12pm
**Tuesday 10
November**



Understanding depression
and diabetes burnout

8am - 12pm
**Wednesday 11
November**



Engaging the disengaged:
Behavioral strategies for promoting
successful diabetes self-management

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Speaker

Dr. William H. Polonsky, PhD, CDE

**Associate Clinical Professor, University of California, San Diego
President and Founder of the Behavioral Diabetes Institute (USA)**

The world's first organisation dedicated to tackling the unmet psychological needs of people with diabetes

Dr. Polonsky is President and Founder of the Behavioural Diabetes Institute, the world's first organisation wholly dedicated to studying and addressing the unmet psychological needs of people with diabetes. He is also Associate Clinical Professor in Psychiatry at the University of California, San Diego. Dr. Polonsky received his PhD in clinical psychology from Yale University and has served as Senior Psychologist at the Joslin Diabetes Center in Boston, faculty member at Harvard Medical School and Chairman of the National Certification Board for Diabetes Educators. Most recently, he received the American Diabetes Association's 2014 Richard R. Rubin Award for distinguished contributions to behavioural medicine and psychology.

An active researcher in the field of behavioural diabetes, Dr. Polonsky has served on the editorial boards of Diabetes Care, Diabetes Forecast, Clinical Diabetes, Diabetes Self-Management and Diabetes Health. His most recent research projects have focused on quality of life in diabetes, diabetes-related distress and depression, hypoglycemic fear, blood glucose monitoring behaviour and attitudes in people living with diabetes, physician and lay attitudes towards insulin and oral medications, group-based behaviour change programs, the influence of continuous glucose monitoring on quality of life, and emotional and behavioural responses to the diagnosis of diabetes.

A licensed clinical psychologist and certified diabetes educator, Dr. Polonsky has also authored several books for the lay audience (e.g., Diabetes Burnout: What to Do When You Can't Take it Anymore) and co-edited several others for health care professionals (e.g., A CORE Curriculum for Diabetes Education).

Registration rates

Student or ADEA Student member	ADEA member	Non-member	Registered by
\$60	\$70	\$80	19 July
\$65	\$80	\$90	2 August
\$70	\$90	\$100	6 September
\$70	\$100	\$110	29 October