



## Accu-Chek® Mobile -**Proper Testing Instructions**

Incorrect handling may lead to incorrect test results which can cause the wrong therapy recommendation to be made and so result in serious adverse health effects. Therefore, follow these instructions carefully to perform a blood glucose test correctly.

Do

## Do not

## Why



Wash your hands with warm water and soap and rinse well. Dry your hands thoroughly with a clean towel before obtaining



Do **not** test when your fingers are unwashed, soiled or sticky (e. g. due to food or drink residue).

Unwashed, soiled or sticky fingers can lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount.



Always use a small, fresh and well-formed blood drop.

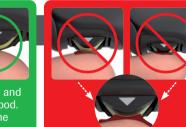


Do **not** test with a smeared or spread blood drop. Do **not** smear the blood drop onto or across the test area.

Testing with a spread blood drop or wiping the blood drop on the test area increases the risk of contamination of the testing site. This can lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount.



Touch the test area gently and steadily when applying blood. Apply the blood drop to the centre of the test area.



Do **not** press the test area onto the finger (especially if shaking or trembling).

Pressing the test area onto the finger can lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin

Apply the blood drop to the test area immediately after you blood drop. Remove your finger from the beep tone sounds and Test in progress is Note: You can only

they are turned on.

tone settings.



Do not wait before applying the blood drop to the test area. Do not hold your finger on the test area after the beep tone sounds and Test in progress is displayed.

Not testing promptly can lead to evaporation of the blood drop. This can lead to falsely elevated blood glucose results and delivery of an inappropriately high insulin amount. The beep tone helps you to obtain a reliable test result.

www.accu-chek.com.au | Accu-Chek Enquiry Line: 1800 251 816

**ACCU- CHEK®** 

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