

AUSTRALIAN DIABETES EDUCATORS ASSOCIATION

**NORTHERN TERRITORY BRANCH
MEETING Wednesday 1st May 2013**

Meeting Opened at: 1700hrs

On-Line: Cherie Whitbread; Chrissie Inglis; Deepa Ariarajah; Gregory 'SoLi' Solomon; Glynis Dent; Gwyneth White; Jan Stevenson; Jayasree Subi; Kerri Rankin; Linda Rennie; Mary Woolcock; Michelle Walding; Patricia Woolven; Sarah Griffin; Sharon Johnson; Teresa Hyatt; Vongayi Majoni;

Apologies: Carmel Whalley; Jennifer Willey; Stephanie Hamilton; Jo Smith; Gaynor Garstone; Jennifer Wyllie; Leanne Kuchel; Emma Noonan; Purification Palisoc;

Previous Minutes: 06/02/2013

Amendments: Nil

Accepted: Gregory Solomon

Seconded: Chrissie Inglis

	CORRESPONDENCE IN	Nil	ACTION
	CORRESPONDENCE OUT	Nil	ACTION

ITEM #	Standing Agenda Items		ACTION
Item A	Maximum insulin dose per injection site; (Teresa Hyatt)	<ul style="list-style-type: none"> Any updates from members who have contacted pharmaceutical companies? Previous meeting we discussed at how many units of insulin would you begin to split dose. Nobody has a conclusive answer both from insulin and needle manufacturers. Needle manufactures say that with the short needles to inject a second time with same needle may cause damage to/break the needle due to the thinness. Therefore recommend to use a 2nd needle to finish off injection. Important to use clinical judgement and assess clients physique (Sarah G). 	SoLi to send out article when it becomes available.

		<ul style="list-style-type: none"> • Some DEs noted that they would prefer patient to inject once only to maintain better compliancy. • SoLi discussed insulin variability in s/c injections versus insulin pumps. SoLi also awaiting for an article from Medtronic rep on daily insulin variability and will email out once he receives. 	
Item B	DESME principles (DAFNE) (Cherie)	<ul style="list-style-type: none"> • There were a number of Alice Springs members in the last meeting who enquired when & if this workshop would be held in Alice Springs. SoLi to follow-up with Cherie. • Cherie says not able to get funding, 2xreturn airfares from Darwin, accommodation can be at friends/colleagues if possible,.to come to Alice so at the moment it is on hold. • Deepa will contact ADEA to enquire if she can source funding from them. 	Deepa
Item C	New CDEs	<ul style="list-style-type: none"> • Congratulations to Deepa Ariarajah. • SoLi stated the statistics for NT Branch 24 credentialed and 14 non credentialed DEs; 39 members on the books however 3 have since moved to other states & yet to inform ADEA NO. 	Nil Required
Item D	CPD	<p>Presented by:</p> <ul style="list-style-type: none"> • Sharon presented on ACEi/ARB and implications to Kidney health; Worse outcomes with dual therapy of both ACEi+ARB than using ACEi alone; (refer to readings provided). • Michelle presented on T1DM teenagers and adherence challenges & to get them to engage with health professionals (refer to readings provided). <p>SoLi noted that it is important to have CPD in at least a week prior to the teleconference so that it can be emailed out to give people enough time to read it so as to all participation. 3mnths preparation should be more than enough to be able to satisfy this requirement.</p>	<p>Next presenters:</p> <p>To be advised. Presenters please note that needs only be for max. of 10mins.</p>

Item E	Expression of Interest: CDE at ASH (SoLi)	<ul style="list-style-type: none"> • SoLi's position for 6mths (October 2013 – March 2014) • A number of enquiries already. • 	SoLi to send out EOI when it becomes available.
Item F	Temporary Secretary for 6mths (SoLi)	<ul style="list-style-type: none"> • SoLi explained that he will be on 6mths long service leave from the end of September 2013 to end of March 2014. SoLi will provide all the details to work effectively including meeting templates and cheat sheets to make the job less daunting. • To be nominated at the next branch meeting. 	SoLi

Business without Notice

Item A: Sharon at BakerIDI has introduced Jane Nicholls working as a DE with BakerIDI till the end of June 2013. Jane is currently studying her grad cert to be a qualified DE and will soon join ADEA. Sharon also going away from July – December 2013

Item B: Cherie Whitbread noted that she had been selected for the Portfolio Pilot Study that is trialling annual submissions of CDE portfolios to maintain credentialling status. Cherie reported that it was an improvement to 3rd yearly submission.

MEETING CLOSED: 1750hrs

NEXT MEETING: Wednesday 7th August 1700hrs