



Government of **Western Australia**  
Department of **Health**

# CASE STUDIES

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# WORK IN SMALL GROUPS

1. Review each of the case studies
2. Select which of the services you think the client would be best suited to?
  - a. Tertiary Hospital
  - b. General hospital
  - c. Community based ( medicare local)
  - d. Diabetes Australia
3. Which of the following would be the best program for each client?
  - a. Individual appointment
  - b. Desmond
  - c. Daphne
  - d. Smartie
  - e. Other?
4. Why would these suggestions be the best for each client?

# 22 yr old Female

- Type 1 DM for 14 yrs
- Insulin pump for past year
- Lives in Halls head
- Very active, plays State Netball
- Wants to learn carbohydrate counting to maximize Insulin Pump features

# 35 year old Female

- Type 1 DM for 22 years
- On Multiple daily injections
- HbA1c 8.7%
- Lives in Melville
- Wanting to fall pregnant
- Interested in insulin pump therapy

# 24 year old Male

- Newly Diagnosed Type 1DM
- Lives in Subiaco
- Works off shore FIFO
- Recent wt loss of 15kg
- Presented with DKA

## 63 year old Male

- Newly diagnosed Type 2 DM
- HbA1c 9.0%
- Lives in Kwinana
- Spanish is first language
- Obese, Poor diet, nil exercise
- Numbness in feet
- Left leg ulcer

# 44 year old Female

- Newly diagnose type 2 DM
- Lives in Bentley
- Family history of Type 2 DM
- No complications
- Employed full time as teacher

# 55 year old Male

- Type 2 DM for 6 years
- HbA1c 10.4%
- Lives in Warwick
- PMH : AMI & Stint ( 3yrs ago)
- Elevated Cholesterol levels
- Retired storeman



# 89 Year old Female

- Type 2 DM for 40 years
- Lives in East Fremantle
- HbA1c 10%
- EGFR 30
- PMH Breast Cancer
- Cognitive impairment, memory loss?
- Ex ETOH abuse

# 39 year old Male

- Type 2 DM for 4 years
- HbA1c 9.3%
- Lives Waroona
- Over weight
- Not testing
- No formal education

# 26 year old Male

- Type 1 DM for 7 years
- HbA1c 9.8%
- Lives in group home ( Nedlands)
- Schizophrenia
- Smoker
- Often misses insulin

# 34 year old Female

- Newly diagnosed Type 2 DM
- Lives Joondalup
- Past GDM
- 3 children ( 10,8,4)
- Single mother

# 64 year old Male

- Type 1 DM for 45 years
- HbA1c 6.2%
- Lives in Collie
- Frequent hypoglycaemic episodes
- No education for many years

# 40 year old Female

- Type 1 DM for 26 years
- HbA1c 9.8%
- Lives in Leederville
- Currently un employed
- Very labile BGL's
- No complications
- Wanting to get better control