



Your trusted partner in diabetes care

WELCOMES YOU



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ADEA SA Branch Meeting 'Post ADEA National Conference Reflections'

Wednesday 10th September 2014 @ 6:00pm

Martini Restaurant
59A The Parade Norwood

Guest Presenters:

Kerryn Boogaard APD CDE: "Type 1 diabetes – transition care"
Lea Sorensen PhD CDE: "Diabetes Paediatric Model of Care"

Cost: \$45.00

[CLICK HERE TO REGISTER ONLINE!](#)

6:00pm- Registration
6:10pm- SA Branch Meeting
6:30pm – Presentations and dinner
8:00pm- Close



Introductions:

CAROLINE FORD

Diabetes Nurse Practitioner working at S.A Diabetes Services @ Project Leadership.

RN, RM, Bachelor of Applied Science, Grad Cert Diabetes Education and Management, Cert Pharmacology, Cert IVTAE, Credentialed Diabetes Educator, Diploma of Population Health, Authorised Nurse Practitioner (Diabetes). Started working in diabetes since 1997. Past chair of Credentialling committee. Interests: Consumerism, health care systems and type2 diabetes

JENNY VON DER BORCH

Clinical Nurse at Royal Adelaide Hospital working in Diabetes since 1990.

R.N. Graduate Diploma Diabetes Education and Management, Diploma of Nursing, FRCNA, Credentialed Diabetes Educator. Past member: Education committee. Interests CGMs and Pumps.

Our Shared Vision: Enhancing the lives of people with diabetes with a positive, educated, networked and inclusive S.A ADEA branch. We look forward to working with you to achieve this vision.

AGENDA Branch Meeting

1.0 Welcome 6pm

Thank out going ADEA S.A Branch Executive, Rhonda Rowe (chair), Susan Radeka (finance) and thank you to Pam Smith for staying on as Secretary.

Thank outgoing Education Committee Tineke, Lilly and Michelle & continuing lead members, Lauren Botting and Diana Sonnack.

Welcome New Members 😊 & call for members for meet & greet

1.1 Present / Apologies- reminder of attendance sheet and ID badges
Apologies: Lauren Botting

1.2 Confirmation of the minutes from 5th March 2014 meeting

1.3 Business Arising

Correspondence – Pam Smith, Secretary

Financial Report- Effie Kopsaftis

National Office Board Member- Diana Sonnack

Continuing Education Committee- Teresa Barter

Credentiailling Stats– Caroline Ford- easy PD for teachers (photo App)

2.0 New Business: Open to all members

- a) Call for nominations for the 2015 Program organizing committee
- b) adeasa@adea.com.au - for your requests, complaints or compliments
- c) New ADEA Branch Manual to be distributed this month
- d) Email permission from presenters & members informed for podcasting
- e) PP SIG- Congratulations Jayne Lehman ADS/ADEA ASM & Twitter
- f) Launch of Life of an ADEA RN/CDE Video [RN-CDE video](#)
- g) Is everyone receiving Weekly e-newsletter ?
- h) Journal Club interest- register interest
- h) CEO report at AGM

3.0 Date/venue/time of next meeting – Save the Date 10th December



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CHANGES TO CREDENTIALLING

THE PROPOSED PROCESS FROM HERE...

- All Credentialling forms now available -website
- From now until Jan 2015, members can choose to use old or new credentialling forms.
- Sept 2014- Recorded Credentialling ADS sessions to be made available on ADEA Website.
- New mentoring program on ADEA website.
- Dec 2014-Finalisation of package, information, online credentialling manual will be online.
- Dec 2014 -1 month pilot of new platform.
- Dec 2014- Lauren to update Branch
- Jan 2015 – Implementation for all members.

Summary of Changes to Initial Credentialling

- Applications will be done online in members area of website.
- 1000 hours of Diabetes Education over 4 years & 60% being accrued in the past 12 months prior to application
- Start accruing hours only after the commencement of an ADEA accredited course
- 2 years registration/accredited with primary discipline prior to being credentialled
- 6 month mentoring to be within 12 months of application (online training for both mentors/mentees). Forms available after jan 2015. Must evaluate this before approval.
- 20 CPD portfolio points in the 12 months prior to application must be diabetes related and will have same categories as re-credentialling
- CPD certificates and verification will be uploaded to the online CPD portfolio
- 3-5 learning goals to be set 12 months prior to credentialling application & linked to the activities undertaken and 3-5 related reflections to submit with application.

SUMMARY OF CHANGES: START JAN 2015

RE-CREDENTIALLING (process will be reviewed every 3 years)

- ✓ Due same day as membership & to be submitted with Annual CPD portfolio online. A Pro rata system will be put in place of Jan 2015 to align credentialing renewal dates with membership dates.
- ✓ STEP 1. 3-5 Learning Goals to be set at beginning of each year when starting new portfolio
- ✓ STEP 2. 20 points minimum across all categories- To reflect CDE role & sign self declaration
 - ***Clinical Practice/Diabetes Education/Counselling (compulsory)***
 - ***Management/Administration/ leadership (compulsory)***
 - ***Research (Compulsory)***
 - ***Professional Contribution (not compulsory, however points may be used)***
- ✓ STEP 3. 3-5 Learning reflections to be submitted with completed portfolio (now back to step 1)
- ✓ CPD certificates/evidence only uploaded if being audited
- ✓ For those with life membership- recredentailling due on anniversary
- ✓ Name- Look for Annual CPD Portfolio Template- all points to relate to diabetes
- ✓ Indicate your current main role/scope of practice (ie mainly clinical) & complete points summary

EXAMPLE OF HOW TO WRITE FIVE SMART LEARNING GOALS

(SMART= Specific, Measurable, Achievable, Relevant, Time-Based)

WHO- specific	WHAT- measurable	How- achievable	WHY- relevant	When- time base
Clinical/ Diabetes Education/ Counselling				
<input type="checkbox"/> I will	<input type="checkbox"/> Attend the next	<input type="checkbox"/> Applyin	<input type="checkbox"/> I am	<input type="checkbox"/> This month
<input type="checkbox"/> I agree to	ADS/ADEA	g early	expected	<input type="checkbox"/> In next 2 weeks
<input type="checkbox"/> I commit to	Conference	for a	to	<input type="checkbox"/> Within the year
<input type="checkbox"/> I hope to	<input type="checkbox"/> Conduct a	grant	provide	<input type="checkbox"/> For next financial year
<input type="checkbox"/> I intend to	diabetes	<input type="checkbox"/> Attendin	high	<input type="checkbox"/> Every month
<input type="checkbox"/> I aim to	presentation at	g a	quality	<input type="checkbox"/> Daily
<input type="checkbox"/> I need to	next staff	course	care	<input type="checkbox"/> Each shift
<input type="checkbox"/> I have	development	on Excel	<input type="checkbox"/> It is in my	<input type="checkbox"/> Six monthly
intention	day	<input type="checkbox"/> Presenti	job	<input type="checkbox"/> For each case note entry
to	<input type="checkbox"/> Deliver group	ng a	descripti	
<input type="checkbox"/> I am going	education	poster	on	
to	<input type="checkbox"/> Deliver talks on	<input type="checkbox"/> Using	<input type="checkbox"/> I am	
	the wards	convers	expected	

Management/ Administration/Leadership

- | | | | | |
|--------------------------------------------------|--------------------------------------------------|---------------------------------------|-----------------------------------------|--------------------------------------|
| <input type="checkbox"/> I plan to | <input type="checkbox"/> Build my I.T skills | <input type="checkbox"/> By | <input type="checkbox"/> To broaden | <input type="checkbox"/> Daily |
| <input type="checkbox"/> I want to | <input type="checkbox"/> Give 3 lectures at Uni | <input type="checkbox"/> completing | <input type="checkbox"/> my | <input type="checkbox"/> Each shift |
| <input type="checkbox"/> I will | <input type="checkbox"/> Liaison with general | <input type="checkbox"/> 3 surveys | <input type="checkbox"/> knowledge | <input type="checkbox"/> Six monthly |
| <input type="checkbox"/> I would like | <input type="checkbox"/> practitioners | <input type="checkbox"/> By joining a | <input type="checkbox"/> I need to | <input type="checkbox"/> For each |
| <input type="checkbox"/> I aim to | <input type="checkbox"/> Support senior staff to | <input type="checkbox"/> wikispace | <input type="checkbox"/> keep my job | <input type="checkbox"/> client |
| <input type="checkbox"/> I need to | <input type="checkbox"/> understand more | <input type="checkbox"/> By | <input type="checkbox"/> It is expected | <input type="checkbox"/> Daily |
| <input type="checkbox"/> I have intention | <input type="checkbox"/> about diabetes | <input type="checkbox"/> observing | <input type="checkbox"/> of me | <input type="checkbox"/> Each shift |
| <input type="checkbox"/> to | <input type="checkbox"/> Refine media skills | <input type="checkbox"/> someone | <input type="checkbox"/> I have not | <input type="checkbox"/> Six monthly |
| <input type="checkbox"/> I am going | <input type="checkbox"/> Write a letter to the | <input type="checkbox"/> else | <input type="checkbox"/> updated this | |
| | <input type="checkbox"/> local health minister | <input type="checkbox"/> administeri | <input type="checkbox"/> for 2 years | |
| | <input type="checkbox"/> Conduct e-learning on | <input type="checkbox"/> ng | | |
| | <input type="checkbox"/> diabetes management | <input type="checkbox"/> Registering | | |
| | | <input type="checkbox"/> online | | |
| | | <input type="checkbox"/> Preparing a | | |
| | | <input type="checkbox"/> presentatio | | |
| | | <input type="checkbox"/> n | | |

Research

- I plan to
- I want to
- I will
- I would like
- I have intention to
- I am going to
- Complete a research project
- Give feedback on seminars
- Improve critical thinking on
- Improve my e-learning
- Join a journal club
- Submit an abstract
- Write up conference reflections
- Write up a quality improvement
- Write a reflection on a diabetes seminar or research presented
- By searching for best evidence
- By conducting an online course
- I am the lead researcher
- I need to prepare
- Whenever I am asked to
- With each referral
- Daily
- Each shift
- Six monthly

Professional

- I aim to
- I need to
- I have intention to
- I am going to
- Volunteer my time for ADEA branch activities
- Know more about professional association of ADEA
- By reading wider on the subject
- By joining a committee
- I have made a commitment
- I have agreed to do it
- It will help me to better understand
- For each client
- Daily
- Each shift
- Six monthly

**EXAMPLE OF HOW TO WRITE REFLECTIONS OF
LEARNING or RECORDING THE CHANGES TO YOUR
PRACTICE**

Clinical Practice, Diabetes Education and Counselling

Applied to or changed my practice	I have enhanced my counselling skills which has changed the way I consult with clients.
Improved my knowledge or competence	Participating in case conferencing helped me to better problem solve broader client issues.
Management/Administration/ Leadership	
Applied to or changed my practice	Learning to develop a website help to better represent health professional and consumer diabetes requirements
Improved my knowledge or competence	Attending leadership training helped me to focus my worktime to priorities that matter
Research	
Applied to or changed my practice	Learning to undertake a multi-centre research project broadened my understanding of allied health professionals roles in diabetes care
Improved my knowledge or competence	Attending the how to write for publication training helped me to refine my publishing skills
Professional	
Applied to or changed my practice	Volunteering for the S.A Branch gave me a greater understanding of the needs of other health professionals other than my own
Improved my knowledge or competence	I have improved my knowledge of the activities, legalities and responsibilities of a professional association.

EXAMPLE OF HOW TO COMPLETE 20 POINTS CPD PORTFOLIO January to January 2014-2015

My main role is education so I would need approximately 75-85% Clinician, 5-10% Management and 5-10% Research

1. Clinical/Diabetes Education/Counselling

CPD DATE	Details	CPD hours	CPD Points	Evidence
26-29/8/14	Conference ADEA	24	24	Registration & App photo
25/8/14	Roche educator day	8	8	Certificate & App photo
7/5/14	Novo Webinar Insulin Commencement	2	2	Registration
3/4/14	Self directed learning on oral medications in diabetes	2	2	Summary & App photo

2. Management/Administration/ Leadership

CPD DATE	Details	CPD hours	CPD Points	Evidence
5/5/14	Annual business plan for S.A Diabetes Services	8	4	plan
3/5/14	Management of Diabetes Service budget	1	1	budget

3. Research

CPD DATE	Details	CPD hours	CPD Points	Evidence
6/4/14	Planning and implementing a quality improvement activity	2	2	Filename "QA"
4/4/14	Review of 2 research journal articles in ADEA magazine	1	1	Reflection on App photo

Points Summary

CPD Category	CPD Points Accrued	Suggested proportion of total CPD points for:		
		Clinician	Manager	Researcher
1-Clinical Practice, Diabetes Education, Counselling		75-80%	5-10%	5-10%
2-Management / Administration / Leadership		5-10%	75-80%	5-10%
3-Research		5-10%	5-10%	75-80%
4-Professional Contribution		5%	5%	5%
Total Points Accrued				



Summary